

Being Faithful

One day God had a work for me to do. He showed me a rock and told me to push it with all my might. For many years I pushed and pushed, but nothing happened. I wore marks into it, but the rock hasn't moved even an inch. Discouraged, I asked God, why am I failing? The Lord responded: "Your task is to push the rock. Never did I mention that you were to move it. I wanted you to be faithful. Now I, My Child, will move the rock."

Prayer of Inner Healing

Lord, Jesus, I thank you, Lord, for the experience of my

Life...

Whatever nature it may be...

Joyful or sorrowful...

Filled with freedom or filled with bondage.

Jesus, I confess to you my inability to know what to do...

Or sometimes even to do your will in the midst of this,

Jesus.

Lord God, I profess my faith that you are not limited by

my experience...

And acting with a saving power for me or for my loved

ones

I believe, Jesus, that you have power over my situation...

And you are able to free me; to liberate me and to allow
my experience of suffering to become redemptive and not
destructive.

So, Jesus, I surrender myself to you in my suffering...

And in all of its causes...

And I give them over to you and I surrender it from all

other persons.

I choose now to forgive all those who are the causes of my

suffering...

I choose in your name, Jesus, to release them

from the depths that they owe me...

So that I belong entirely to You.

Grant me the grace and the freedom that I seek
and that I need in you in fulfilling and experiencing your

Love.

And for this I thank you, Jesus.

For I am now yours.

Amen. +++